



Mind in Haringey AGM 2023 Minutes

Date: 14/06/2023

Location: Mind in Haringey, Station House, 73C Stapleton Hall Road, N4 3QF

Introduction

Guests were welcomed into the room by Lynette Charles, CEO of Mind in Haringey, who opened the Mind in Haringey Annual General Meeting for 2023. Lynette invited David Pascall CBE, Chair of Board of Trustees at Mind in Haringey, to address the attendees. David welcomed everyone and expressed gratitude to all those in attendance for coming. After David's introduction, Lynette once again extended her welcome to everyone and proceeded to provide an overview of the mission, values and approaches of Mind in Haringey. Lynette invited Fiona Atkins, Haringey Wellbeing Network Manager, to present on her service.

Service Presentations

Haringey Wellbeing Network

Fiona Atkins began by introducing the services offered by Mind in Haringey. Fiona then proceeded to discuss the notable developments of Haringey Wellbeing Network through the year. Fiona highlighted the Severe Mental Illness BAME Health Checks Service, outlining its aims and significance. Fiona then introduced the Wellbeing Advocacy Service and invited Modupe Awonuga and Safiya Burke, the two Wellbeing Advocacy Project Workers on the team.

HWN Advocacy Service

Safiya Burke described the aims of the service and the improvements over the year. Modupe Awonuga clarified the common themes of the service and moved onto display the outcomes of the service.

HWN Wellbeing Activities

Yinka Innis-Charles introduced the aims of the service and provided an overview of the activities offered by the service at the moment. Yinka emphasized the increase in the number and variety of the activities offered by the service. Carol Thompson, Singing for Joy facilitator provided an overview of the Singing for Joy, Mind in Haringey's singing group, and highlighted its objectives and the benefits it offers to the participants.

HWN Peer Support

Lynette Charles then invited Fran Barker, Peer Support Coordinator. Fran explained the goals and the offers of the peer support. Fran elaborated on the trainings and moved onto the future project of the peer support service, Queer Hub Peer Support Group.

HWN Young People Service

Fiona Atkins gave apologies for Jermaine Nicholson, Young People's Project Worker and invited Natasha Forde, Young People's Project Generation Girls Coordinator. Fiona explained the service in general, including the aims of the service. Natasha provided an overview of how the service supports young people and moved onto displaying the project, Generation Girls.

Haringey Suicide Prevention Group

Hana Hakeem, Projects Manager gave apologies for Emily Reynolds, Haringey Suicide Prevention Group (HSPG) Project Worker. She then delivered a presentation on the HSPG. Hana introduced the aims and approach of the service. Hana ended by sharing the plans for the next year.

Safe Haven Crisis Hub

Chitwan Singh, Safe Haven Service Manager introduced the Safe Haven Crisis Hub and moved onto explaining the aims, approach and the themes of the hub. Chitwan continued by explaining the challenges the service encounter. Chitwan displayed the achievements of the service.

Counselling

Monique Burrows Fearon, Counselling Manager presented the counselling service and the projects under it, Low-cost Daytime Service, Evening and Saturday Service, Emotional Support Project. Monique continued by explaining how the service works. She ended up by sharing the future plans. Lynette Charles added that Mind in Haringey also works with other counselling organisations (From Rehab to Life).

Reach and Connect – Community Connector Project

Alessandra Santos and Nick Herrick, the two Community Connectors of the service introduced the Reach and Connect and its benefits. They explained how the service supports people 50 and above. Nick explained the outreach and projects and Alessandra explained the group activities, Community Grief Hub and Conversation Café. Alessandra discussed the benefits of the Conversation Café and Nick displayed a case study.

Mental Health Wellbeing Community Project.

Alessio Campus Wellbeing Peer Support Project Worker invited two members from the community. Alessio introduced the aim of the project and the participants. Monika Janusauskiene, Deputy Project Manager at HopeC explained their project in detail including the topics; immigration, benefits and housing. They also shared that they have an upcoming project in regards of employment. Alessio described the aims, the work they do and the future plans of the project and explained his role in the project. A question is fielded from the crowd regarding a community and the way they are suitable to involve in this project. Lynette responded.

Break For Refreshments

Singing for Wellness and Joy sang songs on the break.

Black Thrive Haringey

Anton Forde, Black Thrive Project Manager started the presentation by stating the diversity, equality and civil rights. Anton continued by explaining the mission, guiding principle and priorities of the project. Shannon Ceasar Black Thrive Project Manager explained the Barber Shop Project and stated the graduation date of the training. Anton ended by sharing the plans for the future.

Project Future/ Homecooked

Izzy, Clinical Psychologist introduced the service and the partnerships including Mind in Haringey and NHS. Izzy explained the offers of the service and the social actions they do with young people. Lynette Charles then introduced the project Homecooked and the work they have been doing.

Helping Hands Community Care Project

Charmaine Smith, Community Care Coordinator invited Melanie and introduced the Helping Hands Community Care, and their goals. Charmaine continued by explaining the way they work with individuals, as well as what they have discovered while working on the project. Charmaine ended up by sharing her contact details. Melanie Oghene, the High Intensity User Lead at NHS North Middlesex University Hospital explained the support they provide. Melanie explained the reason they renewed the contract with Mind in Haringey and thanked Charmaine and Hana.

Community Fundraising, Room Hire, Digital Marketing

Conall O Brolchain, Administration and Communications Manager introduced the previous and upcoming events. Conall moved on by sharing information about the Trullo Partnership and Annual Golf Day. Orshi Szeverics, Digital Marketer explained how they work for inclusive, accessible and relevant service. Orshi explained the improvements over the year.

Business Development

Alysia Hurrell, Business Development Manager and Deborah King, Head of Business Development, continued the meeting by outlining their work in Business Development over the past year. Deborah explained the training and consultancy target for 2023 – 2024. Alysia introduced the connections and partnerships. Alysia and Deborah explained the training and consultancy portfolio.

Finance

Gbenga Olagbolabo, Finance Manager gave a detailed overview of the financial situation for Mind in Haringey. Including income and expenditures over a 5-year period, and overall growth over the 6 years.

Voting of Trustees

Lynette thanked all the team members for their presentations then welcomed David Pascall back up to proceed with the election of the Trustees. David introduced the board of trustees and thanked to former Trustees. A question is fielded from the crowd regarding the period of the commitment. David responded.

Closing Remarks

Lynette thanked everyone who joined and to the staff.

Mind in Haringey's 2023 Annual General Meeting is concluded.