



## Mind in Haringey AGM 2022 Minutes

**Date:** 14/06/2022

**Location:** Mind in Haringey, Station House, 73C Stapleton Hall Road, N4 3QF

### Introduction

- Guests are welcomed into the room by the sounds of 'Singing for Wellness and Joy', Mind in Haringey's singing group as part of our wellbeing activities schedule.
- Lynette Charles, CEO of Mind in Haringey opens the Mind in Haringey Annual General Meeting for 2022. She invites David Pascall, Chair of the Board of Trustees, to make the opening remarks.
- David Pascall welcomes everyone to the AGM. He thanks all in attendance for coming. Trustees, staff, service users, and other stakeholders alike.
- Lynette Charles moves on to introduce the next section of the meeting. The Service Presentations

### Service Presentations

#### Haringey Wellbeing Network

- **Advocacy:** Fiona Atkins begins by introducing the service in general and moves onto the Wellbeing Advocacy service which is introduced and discussed by Fiona and Andrew Rutledge, the two wellbeing advocacy project workers on the team.
- A question is fielded from the crowd regarding a IAPT and clarification what this is. Andrew responds.
- **Activities:** Yinka Inniss-Charles is next team member to present as she gives her presentation on the work of the wellbeing activities team. She discusses some of the regular activities on the schedule at the moment and plans for future activities too.
- **Peer Support:** Lynette Charles give apologies for Ana Massa, Peer Support Coordinator, who was not available to give her presentation. Lynette goes onto to detail the work our peer support team has been doing over the past year.
- **Young People Service:** Lynette Charles gives apologies for Jermaine Nicholson, Young People's Project Worker, who cannot be in attendance today. Lynette goes on to share some information about our Young People's service and the work Jermaine has been doing over the past year.

#### Severe Mental Illness BAME Health Checks

- Ephraim Brew Obeng introduces the SMI Health Check and BAME Wellbeing Advocacy Project. After Ephraim's presentation Lynette adds that this project has nominated for awards in the local area due to its success.

### **Haringey Suicide Prevention Group**

- Lynette Charles gives apologies for Emily Reynolds who is not in attendance due to illness. Lynette introduces the Haringey Suicide Prevention group and illustrates some of the work that Emily and the group have been doing in the past year.

### **Safe Haven – Crisis Café**

- Chitwan Singh delivers a presentation on the Safe Haven Crisis Café service and its progress over the past year. As well as the future plans for the service including the plan to move into a new premises at Canning Crescent. Chitwan ends by sharing the contact number and opening hours of the service.

### **Improving Black Minds**

- Lynette Charles and Nadiyah Davis, Counselling Manager, collaboratively deliver a presentation on research done in order to put together the Improving Black Minds service at Mind in Haringey. They finish by giving a special thanks to the Zurich Foundation for funding this service.

### **Counselling**

- Nadiyah Davis continues to present on the full counselling service and the work that has been done in counselling at Mind in Haringey over the past 12 months. As well as the regular low-cost 1-2-1 day service this also includes Improving Black Minds, Bereavement Counselling as part of the Haringey Bereavement Network, and the Young People's Care Leavers Project.

### **The Great Mental Health Programme**

- Tom Haymer is introduced to outline the Great Mental Health Project which includes the Haringey Bereavement Network and the Mental Health Champions. He also shares the great success of the Great Mental Health Day at Mind in Haringey.
- **Haringey Bereavement Network:** Tom then invites Alessandra Santos to give further detail on the Haringey Bereavement Network.

### **Mental Wellbeing Community Programme**

- Alessio Campus introduces a new project which he has been leading on involving supporting 5 grassroots organisations in delivering mental wellbeing activities to their communities.

### **Reach & Connect**

- Polly Frayne and Karen Orr collaboratively deliver a presentation on the work that Reach & Connect, an over 50's service for Haringey residents, have been doing over the past year and their future plans. They include a case study in their presentation.

## **Break for refreshments**

### **Project Future**

- Lynette welcomes everyone back from the break and goes onto give apologies for the Project Future team who are unable to attend on the day. She introduces the project and outlines the work they have been doing over the past year.

### **Homecooked**

- Lynette Charles introduces the Homecooked project and the work they have been doing. She then invites Courtney Brown to join her and outline the work he has done with the project, and also to tell some of his story.

### **Community Care Coordinators**

- Ana Amorim and Charmaine Smith introduce their project which is a new project. They outline the plan for the pilot, as well as the progress they have made so far. Their project is in partnership with the NHS, providing support for community members who present at accident and emergency on a regular basis.

### **Events & Community Fundraising**

- Akins Subair and Conall Ó Brolcháin are the next to present. They outline some of the work that has been done in community fundraising over the past 12 months including school workshops, sponsored walks, and table quizzes.

### **Business Development**

- Alysia Hurrell and Deborah King continue the meeting by outlining their work in Business Development over the past year. Including where we are at with targets, how the training Mind in Haringey delivers has progressed, as well as the new relationships that have been created in the past 12 months.

### **Finance**

- Gbenga Olagbolabo, Finance Manager, gives a detailed overview of the financial situation for Mind in Haringey in the past year and projections going forward. He outlines how the organisation has been progressing coming out the COVID-19 and that in general the finances are in a good place.

### **Election of Trustees**

- Lynette thanks all the team members for their presentations then welcomes David Pascall back up to proceed with the election of the Trustees.

- David proceeds with the elections. He is re-elected as the chair of the board of Trustees. Glynnis Joffe is re-elected as the vice-chair of Trustees. The rest of the existing Trustees are re-elected into their roles.
- Finally, Courtney Brown is nominated and elected and a new Trustee on the board.

## **Closing Remarks**

- David Pascall gives his closing remarks, he thanks all the team for their work over the past year, and thanks all others for attending. Lynette joins him and echoes his words.
- Mind in Haringey's 2022 Annual General Meeting is concluded.

**Date of Next AGM: TBC**