# HARINGEY WELLBEING NETWORK (SOCIAL PRESCRIBING)

MIND in Haringey is a small busy voluntary organisation which runs various projects for people with mental health problems. We are based in a three-storey building just off Stroud Green Road, between Crouch End and Finsbury Park. The offices are non-smoking.

The Haringey Wellbeing Network (HWN) is a service that is commissioned by NHS Haringey Clinical Commissioning Group. HWN is led by Mind in Haringey and works in partnership with other organisations such as Bridge Renewal and Tempo to provide targeted preventative services to mental health service users with moderate to severe mental health needs.

Social Prescribing is part of the HWN and works with mental health service users to provide a social prescribing service to clients. Here clients are given information about services. Additionally, through Social Prescribing clients are assisted to access and navigate support.

**DAYS AND TIMES:**

The MIND office and phone lines are open from 9.00– 5.00.

The hours you would volunteer are negotiable and can be related to any education/training or support program you are involved with.

We would like you to offer a regular time commitment, so that we can fit you onto a rota with other volunteers.

**INFORMATION LINE VOLUNTEER:**

* To offer information about mental health services and local services in the borough of Haringey.
* To update social prescribing databases.
* To assist clients to access and navigate services.
* To be able to do your own administrative tasks.
* To attend training and supervision.
* To work within Mind in Haringey’s policies and procedures.

**ESSENTIAL CRITERIA:**

You need to be able to work within MIND’s philosophy, which is to involve mental health service users in its activities and decision-making and to work in a non-judgmental way:

* Commitment to the right of access to appropriate services for people who use mental health services.
* Good communication skills.
* Willingness to attend training and to use supervision during your time as a volunteer.
* Ability to listen and be supportive.
* Commitment to mental health service user involvement.
* Willingness to work within Mind‘s policies and procedures

You also need to have assertiveness skills, for instance:

* **to recognise and be** able to ask for help when you need it.
* **to be able work with clients who sometimes may be challenging**.
* **to be clear about the limitation of your role**.

**DESIREABLE:**

* Experience of working or volunteering on a helpline.
* People who have had mental health needs or have used mental health services are welcome to apply.