

## **Haringey Wellbeing Network**

### **Young peoples Project Worker**

#### **Job Description**

<b>Title of Post:</b>	Young peoples Transitions Project Worker
<b>Responsible to:</b>	Haringey Wellbeing Network Service Manager.
<b>Location:</b>	Mind in Haringey.
<b>Salary:</b>	£24,000 pro-rotta
<b>Date:</b>	January 2021 (1year contract)
<b>Part time:</b>	16hrs a week
<b>Posted:</b>	27 <sup>th</sup> November 2020
<b>Closing date:</b>	12 <sup>th</sup> December 2020

### **About the Haringey Wellbeing Network:**

The Haringey Wellbeing Network (HWN) is a mental health and wellbeing community support service for the London Borough of Haringey. The network is made up of three specialist mental health organisations, Mind in Haringey are the lead contractor; this service is the single point of entry for all community mental health support needs in Haringey.

The network aims to support the community by providing better access to a range of support services for adults living in Haringey. These are designed to help build resilience and reduce the onset of mental health problems by focusing on and helping individuals achieve positive outcomes in the following key areas:

- Mental Wellbeing
- Physical health
- Social networks
- Self-management

## **Role Description – Young Persons Project Worker**

### **JOB PURPOSE**

To work as part of the Haringey Wellbeing Network team, under the Young peoples Transitions service strand. The young peoples project worker will facilitate and support vulnerable young people between the ages of 16-21yrs in transition of adolescents to adulthood.

The Young peoples project worker is to facilitate 1-2-1 and group sessions for young people, who have been referred directly from our Haringey CAMHS or young adults teams.

The aim of this service is to offer a brief intervention and continue to support the wellbeing of young people who have been discharged from CAMHS or the young adults service.

All work will be conducted in the London Borough of Haringey.

### **Key Responsibilities:**

- (1) To deliver the Young peoples Transitions service in Haringey. To Co-ordinate and facilitate a package of support to include the following:
  - Seek referrals.
  - Act as a key provider of support services and develop effective support plans for young people.
  - Be able to collate risk assessment.
  - Liaising and mediating with professionals and carers, with regards to young people and support to improve wellbeing and life outcomes.
  - Enable young people to access support through social prescribing to other resources from statutory and voluntary agencies in Haringey.
  - Supporting young people to build resilience, assisting them to gain valuable skills in becoming independent and successful in managing their lives and building stronger emotional platforms.
- (2) To be a point of contact for enquiries coming into the service including the website, email, fax and telephone for the service.
- (3) To be able to deliver 1-2-1 and group sessions, and to ensure that there is a consistent take up of services by young people aged 16-21 of age, whom maybe experiencing mental health challenges; some the duties will include:

- To be willing to learn and train on how to deliver the Coping with Life skills program (CBT based psycho educational programme).
- Be able to provide one to one support and Life coaching skills.
- Enable service users of the project to achieve independence as far as possible in all areas of their life by providing appropriate support through social prescribing, advocacy or counselling support.
- Able to motivate and progress young people onto educational or employment opportunities.
- To be able to do reviews, risk assessments and support plans and implement appropriate referral pathways.
- Be able to compile a relevant monitoring data monthly and submit to the senior project manager.

### **Supervision and support**

- (4) To deliver the day-to-day running of the project.
- (6) To ensure supervision sessions are attended regularly.
- (7) To ensure that all the work undertaken by the Young people Transitions work meets the objectives laid out by the contract funding requirements in consultation with your line manager.

### **Development of Project**

- (8) To liaise with relevant agencies and groups locally, to promote the Young people in Transitions service throughout broough.
- (9) To contribute to the development of this service design, and at various times consult and co-produce new areas of services identified by young people.

### **Monitoring and Evaluation**

- (11) To update and use various evaluation and monitoring systems specific to the project and produce publicity material for project.

#### **This will include:**

- Managing client files and arranging regular reviews on individual progress.
- Monitoring and tracking clients on our systems to capture relevant information for funders on outputs and outcomes.
- Collate data relating to young people affected by mental health and assist Mind in Haringey, funders and professionals to identify further areas of need gaps.
- Have knowledge of health and safety of young people of the project and the Safe Guarding issues of Adults and Children.
- To produce monthly and quarterly reports on service.

## General

- Work in accordance with Mind in Haringey's Values, Aims and Objectives
- Provide a positive representation for the organisation both internally and externally, including promoting our work, and attending neighbourhood meetings and partnership events when required.
- Comply with all organisational and departmental policies and procedures and 'Mind Quality Mark' quality assurance process
- Promote positive understanding, awareness and attitudes towards mental health as part of day-to-day duties
- Work at all times to promote equality, diversity and individual rights
- Be efficient, responsible and maintain a high level of personal organisation; keeping accurate and appropriate records and providing information for monitoring and evaluation as required
- Participate in and actively contribute to individual supervision, training and team meetings; attend all staff meetings and organisational events as required
- Work flexibly, including; from outreach venues, lone working and meeting clients at home, being prepared to perform other duties commensurate with the role which may include new areas of operation following consultation
- Adhere to & Mind in Haringey's Safety and Confidentiality policies at all times.

This job description covers the current range of duties and will be reviewed from time to time. It is Mind in Haringey's aim to reach agreement on changes, but if agreement is not possible, Mind in Haringey reserves the right to change this job description.

**Haringey Wellbeing Network**  
**Young peoples Transitions worker**  
**PERSON SPECIFICATION**

**Note to candidates**

All of the criteria marked (A) will be used for shortlisting purposes.

You must describe how you meet these criteria in the 'General Experience and Further Information' section of the application form, giving examples where possible, as this is part of the assessment process.

Only candidates who can clearly demonstrate how they meet these criteria will be offered an interview.

**JOB TITLE: Peer Support Worker**

Category	Post Requirements	
	Essential	
<b>Education/Qualifications</b>	<ul style="list-style-type: none"> <li>A good level of general education to GCSE/NVQ level 2 or equivalent, including English and Maths</li> </ul>	A
<b>Experience</b>	<ul style="list-style-type: none"> <li>Working, communicating and interacting with a wide variety of people and/or working within the voluntary sector</li> <li>Supporting volunteers or staff</li> <li>Experience of working in mental health</li> <li>Working collaboratively in a team</li> <li>The ability to communicate effectively across cultural boundaries</li> <li>Empathy, patience and sensitivity to be able to support people</li> <li>Ability to liaise effectively with other services and professionals</li> <li>Ability to engage and motivate resistant and hard to reach young people</li> <li>Ability to make decisions that balance the needs of families and young people with those of the wider community using assessments and information from a wide variety of sources.</li> <li>Ability to challenge and be assertive with young people and families but also be sensitive and empathetic to their needs</li> <li>Proven ability in using negotiation and problem-solving skills in a multi-agency and multi-disciplinary setting.</li> <li>Effective verbal and written communication skills across diverse disciplines alongside strong interpersonal skills and to network and form effective links with different agencies and organisations.</li> <li>Proven ability to communicate effectively within a range of settings using a wide range of communication skills.</li> </ul>	A /I
<b>Skills, Knowledge &amp; Abilities</b>	<ul style="list-style-type: none"> <li>Good written and verbal communication skills and ability to present information clearly</li> <li>Knowledge of the health and social care services</li> <li>Knowledge of principles and processes of effective transitions</li> <li>national and local context of young people and mental health</li> <li>Child and adolescent legislative framework</li> </ul>	A /I

	<ul style="list-style-type: none"> <li>• continuity of care after age 18</li> <li>• Children and Families Act 2014 and SEN (Special Educational Needs) reform</li> <li>• Care Act 2014 transition assessments: duties, timing, expectations, carers and cooperation;</li> <li>• consent and capacity</li> <li>• Good understanding of safeguarding procedures</li> <li>• Commitment to person centred approach</li> <li>• Good organisational/administrative skills</li> <li>• Good IT skills</li> <li>• Understanding of and commitment to Equality &amp; Diversity</li> <li>• Ability to work independently and take initiative</li> <li>• Ability to prioritise and work flexibly to changing requirements</li> <li>• Ability to maintain client confidentiality</li> </ul>	
<b>General</b>	<ul style="list-style-type: none"> <li>• Able to work effectively within a team and be able to plan, monitor, record, evaluate and prioritise a range of work requirements</li> <li>• Able to work flexibly and travel to a variety of locations when required including evenings and weekends</li> <li>• Willingness and high motivation to undertake continued relevant professional development.</li> </ul>	<b>I</b>

**A**=Application

**I**= Interview

**Please send your applications to:**

Pritty Rana – Haringey wellbeing network Service Manager

[HaringeyWellbeingNetwork@mih.org.uk](mailto:HaringeyWellbeingNetwork@mih.org.uk) or

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