



Grief Encounter Training Services at a Glance

Grief Encounter is proud to offer a robust package of training managed by Stacey Hart who has more than 10 years of experience working with trauma, bereaved children and their families.

Good Grief Training

Good Grief Training is accredited by Middlesex University and is open to anyone who works with children and young people and has a desire to further their skills and knowledge in supporting children, young people and families facing bereavement.

The Good Grief Training provides in-depth specialist knowledge and practical guidance to help professionals understand the emotional and physical responses a child might experience in grief and gives participants the skills and confidence to support bereaved individuals.

The programme has a strong experiential focus and participants will participate in practical group exercises alongside their theoretical learning. The course provides students with a direct and integrated understanding of the methods and methodologies which together constitute a practical, effective and therapeutic approach to bereavement.

2019 will be starting on September 16th, there are 8 sessions all together every 3 weeks until February 2020.

'The experience on the course has increased my knowledge and helped me to have an understanding of what grief means to children and how best to support them. The experiential part of the course has helped me process my own grief in a more productive way using the techniques taught to us'

(Good grief participant)

Schools Training

Grief Encounter have built up 15 years of experience of working directly with 1000's of bereaved children and families. We have developed school inset training days where the participants will leave with practical tools that can be implemented to support their bereaved children and young people.

Learning Objectives

- To increase participant's knowledge on child bereavement
- To provide tools that participants can use
- Practical skills, how to work and talk with bereaved children

- Self- awareness and self- care
- Age appropriate responses to death

'The course has been useful and has supported my practice and increased my confidence when working with families going through bereavement.

It has also enabled me to write a guidance policy for my school for when children experience a bereavement'

(Teacher)

Bespoke Training

Bespoke training targets professionals, organisations and corporates who support the bereaved and their families. Sectors include, healthcare, charities, social care, youth work, charities, GP's and education.

With our expertise and knowledge Grief Encounter can design a tailor make training to meet the specific needs of your organisation. We can work with you to develop a programme that will cover your aims and objectives.

We can also speak at conferences and deliver key note speeches.

'It has equipped me with the skills to critically evaluate my work processes and deliver an exceptional model of care that would stand up to any critique' (youth worker)

Bite Size Courses

In 2019 we will be offering one day courses from a London location. There are 6 in total which include 'An introduction to loss and bereavement' and 'Bereavement Policy Training'

Online Bereavement Training

Bring training into your organisation as part of a solution to your current dilemmas. We can equip you with tools to manage your response to critical situations and get your message across effectively.

Critical Incident

When a trauma happens at school or workplace we can facilitate guidance to help regain control and can assist on a management level to help plan the next steps. We also offer trauma counselling and can set up support groups to children and staff with our experienced team of bereavement therapists.

For more information please contact stacey@griefencounter.org.uk